



Telluride Institute Tibet Fund Newsletter

Newsletter 14
July 15, 2010

Thank you all for celebrating the Dalai Lama's birthday with love and enthusiasm. It was a day worthy of this wonderful human (or is he the Buddha?). The birthday card went off via air mail....

After a whole month packed with Buddhist/Tibetan happenings, from the monks at Bluegrass, to the birthday party, the seminar on "the language of the mental life," and the Yoga festival, we have one more related event to look forward to:

The Monks of Gaden-Shartse Monastery will return to Telluride for the weekend of July 23 – 25.

Fri, July 23, 5:15 - 6:45 p.m., Yoga Center

- **Dharma Talk: World Peace and the Unity of Religions (with a short meditation)**

Sat, July 24, 9:30 - 11 a.m., Yoga Center

- **Dharma Talk 2: Karma (with a short meditation)**

Sat, July 24, 5 - 6:30 p.m., Yoga Center

- **Ritual: Vajravidaran Healing Ritual (an opportunity to improve health by purifying negative karma)**

Sun, July 25, 10 - 11:30a.m. on the terrace of the Wilkinson Public Library

- **Music and Chanting**

with time to mingle with the monks afterwards; refreshments provided

- **Also: How to establish a daily spiritual practice**, a 3-day workshop (1.5 hrs each day). Suggested time: Fri, Sat, Sun 3 – 4:30 p.m. Suggested donation \$100. To sign up or if you have questions please e-mail me at egick1@gmail.com or call 708 7750.

- **Furthermore:** Personal healings, astrology, and home/business blessings are available by appointment. Please call me to sign up.

All events are by donation – give as little or as much as you want, but more importantly, join us for these inspirational gatherings.

Co-sponsored by the Telluride Yoga Center and the Telluride Institute Tibet Fund.