



Telluride Institute Tibet Fund Newsletter

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HAPPY LOSAR TO ALL

February 14, our Valentine's Day, will be the first day of a new year for Tibetans and Tibetan Buddhists all over the world. I choose to take it as a good omen that the Year of the Male Iron Tiger starts on the day we celebrate love...



According to Khenpo Tsewang Dongyal, "Each new year is an echo of the changing cycles and Losar reminds us of the true nature of impermanence. Everything that is born is bound to die. The old year is gone and will never exist again. The new year gives us the opportunity to come together and celebrate; to notice and appreciate each moment, in the moment, and to realize the blessings of the teachings."

Good News is that President Obama will meet with his fellow Nobel Peace Laureate the Dalai Lama on February 18 at the White House in Washington. This is a very big deal. The Chinese Government is protesting vehemently. If you have an extra minute, please send a note of thanks for this courageous move, and/ or your personal good wishes for a fruitful meeting to the President through this link

http://tibet.org/ihearttibet.org/?page_id=78

Thank you!

From the "*I wish I had found out earlier*" department:

A Year in Tibet, a 5-part BBC TV series on everyday life in Tibet, filmed in the town of Gyantse in central Tibet in 2007, is being screened on link TV on Sunday evenings. It seems that we missed the first three episodes, but you can tune in to episodes 4 and 5 tomorrow and next Sunday evenings at 6 p.m., DIRECTV Channel 375 | DISH Network Channel 9410. Please bear in mind, that the series was filmed with full approval of the Chinese government which –as we know- does not allow any dissent or contradiction of its version of truth. Well worth seeing, though!

The **Asanga Institute** in Montrose will host a Losar celebration on Sunday, February 28 with meditation, a talk on compassion given by Geshe Phuntsok, potluck and more. Check their website for details!

I am sorry that I still haven't set a date for my own little show-and-tell event at the library. I will certainly let you know as soon as I do.

Happy Valentine's Day, Happy Losar, Elisabeth